

## Pre-Operative Instructions for Dental Treatment with Sedation

Sedation will make your dental treatment a very pleasant experience. It is suitable for most people, but if you are not in good health or taking medication, please tell us so the sedation can be modified to suit your needs.

**Therefore, you must report:** Any and all personal illness or allergies – no matter how insignificant they may seem to you. Any medication you have taken within the last three weeks.

### BEFORE YOUR APPOINTMENT:

***These instructions are so important that failure to observe them will automatically result in cancellation of your treatment that day.*** You must plan your day so that the following instructions can be observed:

1. Someone must escort you **TO** our office and wait inside the building until your sedation has begun. Someone must escort you **FROM** the office when the sedation is complete. If you arrive at our office unescorted, we will not be able to perform the sedation.
2. **Do not eat** anything for at least 8 (eight) hours preceding your appointment. Clear liquids (water, apple juice, black coffee) can be consumed the morning of the procedure, but not within 2 (two) hours of the appointment.
3. Wear loose fitting clothing with sleeves that can be drawn up past the elbow.
4. Remove contact lenses.
5. No fingernail polish or artificial nails.
6. **Take your regular medications as prescribed by your physician the day of the appointment.** Only a few medications should be stopped before the sedation procedure (diabetes meds for example). Contact our office in advance if you have any questions about your current medications.
7. Be on time for your appointment. (Arrive a few minutes early to complete paperwork.)

### AFTER YOUR APPOINTMENT:

The sedative drugs used will cause drowsiness for several hours and alter your judgment and reflexes substantially. They will also alter the actions of certain other drugs. Therefore, following your appointment you must specifically agree:

1. Not to drive or operate machinery for at least 18 hours after recovery.
2. Not to undertake responsibilities, actions, or decisions (including watching children and cooking).
3. **ABSOLUTELY NO ALCOHOL** 24 hours before or after treatment.
4. Not to take any other drugs without prior approval.

I have read the above instructions and agree to follow them.

Signed \_\_\_\_\_

Date \_\_\_\_\_